









# TRAINING SCHEDULE



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469-790-4908

Schedule subject to change. V. 10-05-24

TEAM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Leadership After School Program	3:30 - 4:00	3:30 - 4:00	3:30 - 4:00	3:30 - 4:00	3:30 - 4:00	Reserved for Special Events and Private Lessons
 Warriors White - Green Belts 4-6 Year Olds	4:00 - 4:30	4:30 - 5:00	4:00 - 4:30	4:30 - 5:00	4:00 - 4:30	
 Warriors Blue - Black Belts 4-6 Year Olds	4:30 - 5:00	4:00 - 4:30	4:30 - 5:00	4:00 - 4:30	4:30 - 5:00	
 Gladiators White & Yellow Belts 7-12 Year Olds	5:15 - 6:00	6:15 - 7:00	5:15 - 6:00	6:15 - 7:00	5:15 - 6:00	
 Spartans Green & Blue Belts 7-12 Year Olds	6:15 - 7:00	5:15 - 6:00	6:15 - 7:00	5:15 - 6:00	6:15 - 7:00	
 Titans Red Belt - Black Belts 7-12 Year Olds	6:15 - 7:00	5:15 - 6:00	6:15 - 7:00	5:15 - 6:00	6:15 - 7:00	
<b>Adult &amp; Teen</b> All Ranks Ages: 13 +	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45	7:00 - 7:45		

**ON TIME POLICY: NO LESSON CREDIT FOR STUDENTS THAT ARRIVE LATE. STUDENTS WHO ARRIVE MORE THAN 10 MINUTES LATE WILL NOT PARTICIPATE IN CLASS.**

## FORMULA FOR SUCCESS!

- + ATTEND CLASS 3-4 TIMES A WEEK
  - + ONE 30-MINUTE PRACTICE SESSION AT HOME EACH WEEK
  - + PRIVATE LESSON ONCE A MONTH OR TESTING CYCLE
- = SUCCESS!**

**MINIMUM CLASSES TO QUALIFY FOR TESTING:**

**16**

PRIVATE LESSONS ARE AVAILABLE BY APPOINTMENT